

DR VICKI NOTT

Welcome

Happy generalist
Special interest is Obstetrics
Pregpregnancy
Infertility



PREECLAMPSIA SCREENING + ASPIRIN

- FIGO says we should screen everyone
- Can freely access the algorithm/calculation chart at The Fetal Medicine Foundation website, fetalmedicine.org
- Labs in Melbourne will do the PLGF and PAPP-A for you, ~%50-70, you get scan, do everything else and plug it all into the calculator

Or!

- Send to an US centre who will do everything for you!

Or!

- Don't bother, just take aspirin 150mg 15-36w

PELVIC GIRDLE PAIN

- Pain during pregnancy in SIJ, hips, glutes, thighs, symphysis pubis
- Multifactorial
- No tests required
- Mx = rest, analgesia, support belts, non-weightbearing, avoid adduction, PHYSIO

CLINICAL PRACTICE



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Pelvic instability

Painful pelvic girdle in pregnancy

PEARLS FROM THE RANZCOG ASM



- Everyone should have PET screening, or just go onto aspirin 150mg 15-36w.
- 'Safer Baby Bundle' for reduction in stillbirth. Online program, CPD
- NIPT – local test is ever expanding, fantastic phone assistance and counselling
- PCOS mx – check out the online Monash guidelines
- SOMANZ for NVP. Ondansetron is fine! No ranitidine.