

MISSION, VISION AND VALUES

Our Mission

As a Catholic healthcare service we bring God's love to those in need through the healing ministry of Jesus. We are especially committed to people who are poor or vulnerable.

Our Vision

We lead through research driven, excellent and compassionate health and aged care.

Our Values

St Vincent's Health Australia's four core values are:

Compassion

Our care is an act of love.

We are present and accompany people when they are most in need.

Justice

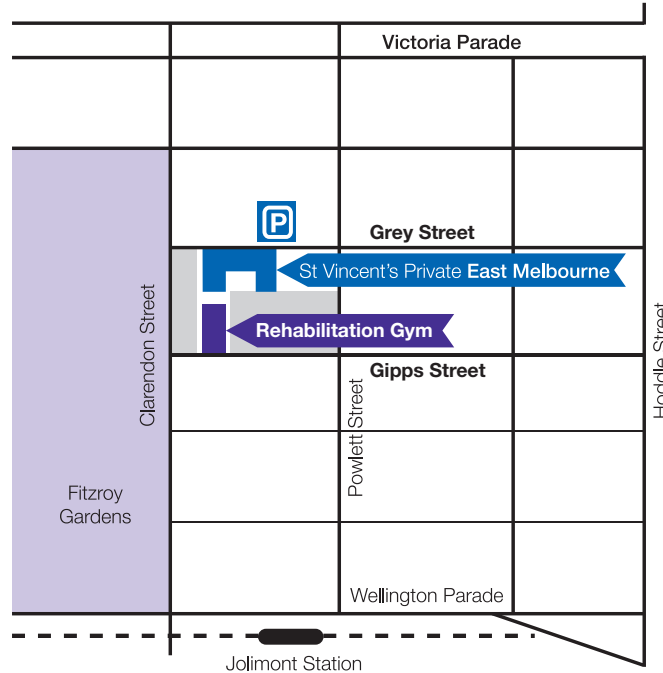
To act with courage and speak in pursuit of what is right and just.

Integrity

Ensuring our actions and decisions are transparent.

Excellence

Our care is safe, evidence based and continually seeking to improve.



Location

Rehabilitation Gym

Ground Floor, 166 Gipps Street, East Melbourne

(Enter through the main entrance of the St Francis Building on Gipps Street)

Phone: (03) 9928 6977

Facsimile: (03) 9928 6888



**ST VINCENT'S
HEALTH AUSTRALIA**

UNDER THE STEWARDSHIP OF MARY AIKENHEAD MINISTRIES

St Vincent's Private Hospital East Melbourne

159 Grey Street East Melbourne Vic 3002

Phone: (03) 9928 6555

Facsimile: (03) 9928 6444

www.svpm.org.au

ACN 083 645 505



DAY THERAPY REHABILITATION PROGRAM

Patient Information



**ST VINCENT'S
PRIVATE HOSPITAL**
MELBOURNE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

July 2018

Our Day Therapy Rehabilitation Program is a fast-stream multidisciplinary rehabilitation program aimed to assist patients in managing a range of neurological, orthopaedic and reconditioning issues following a surgical procedure, trauma or as a result of deconditioning following a stay in hospital.

Each program is designed to provide practical ways to help improve and manage your condition and maximise the potential for recovery.

Day Therapy team

The Day Therapy team is comprised of:

- Rehabilitation doctors
- Physiotherapists
- Occupational therapist
- Allied Health assistants
- Administration team

We specialise in

We have specialised knowledge and skills in the management of:

- Orthopaedic conditions (joint replacements, spinal surgery)
- Musculoskeletal conditions (back and neck pain)
- General reconditioning following hospital admissions
- Falls and balance
- Neurological conditions

What we offer

- Assessment, treatment and education on a range of neurological, orthopaedics and reconditioning conditions
- Individualised programs
- Land based rehabilitation programs
- Hydrotherapy
- Group classes

Our Day Therapy program runs continuously throughout the year.

Eligibility for the Day Therapy Program

- Your treating physiotherapist/surgeon/rehabilitation physician will discuss whether the Day Therapy Rehabilitation Program is appropriate for you
- A referral from your surgeon or rehabilitation physician is required to participate in the Day Therapy Rehabilitation Program.

Cost

St Vincent's Private Hospital has funding agreements for rehabilitation with most private health funds. As health funds differ, we will complete a health fund check and notify you of any cost involved prior to commencing the Day Therapy Program.

What to bring

- Comfortable clothing and footwear
- Medication list
- GP's details
- Letters/referrals from surgeon/rehabilitation physician

.....
"My family watched my weekly progress and commented on how well I was doing."
.....

"I improved confidence and motivation to exercise regularly and incorporate exercise into my life."
.....

"It was the reminder I needed for my posture as well as getting back into exercise. Can't wait to return to my normal gym activities. Thank you very much!"
.....



Car park

For patients' who attend the Day Therapy Rehabilitation Program the car park is FREE.

St Vincent's Private Hospital staff and visitors car park building is located at:

102 Grey Street, East Melbourne Vic 3002

(The car park building is located approximately 100m across the road from the Hospital's main entrance)

Public transport

- Nearest Train: Jolimont Station and Parliament Station
- Nearest Tram: Route 48 and 75 Wellington Parade
Route 109 and 12 on Victoria Parade
- Bus: Victoria Parade